



January 2019

HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CHRISTMAS BREAK *	2 * CHRISTMAS BREAK	3 * CHRISTMAS BREAK	4 * CHRISTMAS BREAK
7 * CLASSES RESUME Cook's Choice	8 Cook's Choice	9 Chicken and Noodles. Mashed Potatoes Peas Wheat Roll Fruit 100% Fruit Juice Milk Variety	10 Chicken Nuggets Bean Soup Cornbread Applesauce Fresh Broccoli Fresh Carrots Ranch Dressing 100% Fruit Juice Sunbelievable Cup Milk Variety	11 Sloppy Joe* Wheat Bun Potato Wedges Creamy Cole Slaw Fresh Broccoli Fruit 100% Fruit Juice Milk Variety Ketchup Ranch Dressing
14 Pepperoni Calzone Steamed Corn Ceasar Salad Fruit 100% Fruit Juice Milk Variety Ranch Dressing	15 Biscuit W G Egg Patty Potato Rounds, Baked Carrots (raw) Small Orange 100% Fruit Juice Milk Variety Ranch Dressing	16 Salisbury Steak. Br. Gravy Lo Sodium Mashed Potatoes Steamed Broccoli Wheat Roll 100% Fruit Juice Diced Peaches Milk Variety Goldfish Graham	17 Chicken , Roasted. Baked Potato Wedges Whole Wheat Bread Fruit 100% Fruit Juice Sunbelievable Cup Steamed Carrots Milk Variety Ketchup Barbecue Sauce	18 Hot Dog . Wheat Bun Baked Beans Creamy Cole Slaw Fruit 100% Fruit Juice Ketchup Mustard Yogurt Cup Milk Variety
21 * MLK DAY-NO SCHOOL	22 Turkey & Cheese Sub Lettuce Tomato Slice Baked Beans Fruit 100% Fruit Juice Ketchup Mustard Milk Variety	23 Tomato Soup Meal* Tomato Soup Cheese Sandwich Fresh Carrots Cucumber Slices Fresh Broccoli Fruit 100% Fruit Juice Ranch Dressing Milk Variety	24 Chicken Fajita Tortilla W.W. Salsa Steamed Corn Asian Blend Veg. Apple 100% Fruit Juice Milk Variety	25 Hamburger American Cheese Wheat Bun Oven Baked Fries Steamed Broccoli Ketchup Pickles 100% Fruit Juice Fruit Milk Variety
28 Pizza Bun Garden Salad Ranch Dressing Steamed Broccoli 100% Fruit Juice Milk Variety Slushie	29 Sloppy Joe on Wheat Bun Oven Baked Fries Sunbelievable Cup 100% Fruit Juice Fruit Ketchup Milk Variety	30 WG Chicken Strips Wheat Roll Baked Beans Steamed Carrots 100% Fruit Juice Fruit Macaroni Salad Ketchup Milk Variety Cheetos Puffs	31 Lasagna. Garden Salad Peas Wheat Roll Mandarin Oranges 100 % Grape Juice Milk Variety Ranch Dressing Sunbelievable Cup	

School News

MENUS ARE SUBJECT
TO CHANGE WITHOUT
NOTICE

Breakfast is free to all
students.